

DR. RASHMI BISHNOI

202 Grandeur Park Apt., B-50 Mahanagar Extension, Lucknow- 226006, U.P.

9415467487 rshmbishnoi@gmail.com

ASSOCIATE PROFESSOR (HOME SCIENCE) - GOVT. GIRLS DEGREE COLLEGE

AREAS OF EXPERTISE

HUMAN DEVELOPMENT | FOOD AND NUTRITION | CLOTHING AND TEXTILE | MANAGEMENT | EXTENSION EDUCATION
RESOURCE MANAGEMENT | COORDINATION AND COLLABORATION

PROFESSIONAL EXPERIENCE

POSITION	INSTITUTION	TENURE
Lecturer & HOD	Bareilly College Bareilly, MJP Rohilkhand University	16.09.1997- 20.04.1998
Lecturer & HOD	Pt. D.D.U. Govt. Girls Degree College, Rajajipuram, Lucknow	22.04.1998- 22.04.2002
Sr. Lecturer & HOD	Pt. D.D.U. Govt. Girls Degree College, Rajajipuram, Lucknow	22.04.2002- 02.07.2008
Assistant Professor & HOD	Govt. Girls Degree College, Raebareli	03.07.2008- 22.04.2010
Associate Professor & HOD	Govt. Girls Degree College, Raebareli	22.04.2010- 23.08.2012
Associate Professor & HOD	N.S.C.B. Govt. Girls Degree College, Aliganj, Lucknow	23.08.2012- Present

EDUCATION

Examination	Year	Subjects	Board/ University	Percentage	Division
Ph.D.	2001	Bio-medical Home Science	Dr. B. R. Ambedkar University, Agra	Awarded	Awarded
M.Sc.	1994	Home Science	Agra University	71.4	First Division with Gold Medal
M.A.	1992	Psychology	Rohilkhand University	56.7	Second Division
NET	1995	Home Science	UGC	Passed	Passed
B.Sc.	1986	All compulsory home science subjects	M.D. University, Rohtak, Haryana	63.15	First Division
B.Ed.	1996	Teaching subjects- Match & Science	Dr. B. R. Ambedkar University, Agra	69.4	First Division
Intermediate	1983	Hindi, English, Sanskrit, Civics, Home Science	M.D. University, Rohtak, Haryana	59.8	Second Division
High School	1980	Hindi, English, Maths, Science, Biology	U.P. Board Allahabad, U.P.	49.2	Second Division

RESEARCH EXPERIENCE

Doctoral: Ph.D. Biomedical Home Science, Dr. Bhim Rao Ambedkar University, Agra

"Perception and Practices among Adolescent Girls about Reproductive Health" under the guidance of Dr. Deokinandan (Director- National Institute of Health and Family Welfare, New Delhi).

Research Guidance:

- Co-guide- Dr. Anima Jamwal, awarded Ph.D (**"SWOT analysis on chikankari"**) from Lucknow University
- Co-guide- Dr. Alka Rastogi, awarded Ph.D from Lucknow University
- Guide- Nidhi Nigam, registered Ph.D (**"Child Development and Nutrition Assessment"**) at Swami Vivekanand University, Sagar, M.P.
- Guide- Anuradha Yadav, JRF, enrolled in PhD at Lucknow University, U.P.
- Guide- Shilpi Gupta, JRF, enrolled in PhD at Lucknow University, U.P.

PROFESSIONAL TRAININGS AND WORKSHOPS

S. NO.	WORKSHOP/ TRAINING	DATE	FORM OF PARTICIPATION
1	State level workshop on Infant nutrition, Child Care and Community Nutrition for faculty of Home Science Colleges of Uttar Pradesh, Agra	13 th to 15 th September 2000	Participated
2	Develop IEC Toolkit for health workers for Non-Communicable Diseases, New Delhi	3 rd to 7 th December 2007	participated
3	Professional Development Course on Personality Development and communication skills, Lucknow	16 th to 20 th February 2010	Participated and obtained A grade
4	Professional Development Course on Computer Literacy (basic), Lucknow	9 th to 13 th March 2010	Participated and obtained A grade
5	SAM Workshop on Capacity Building Of Woman Managers In Higher Education, lucknow	21 st to 25 th January 2011	Participated
6	Professional Development Course on Motivation Needs And Productivity, Lucknow	22 nd to 28 th Feb. 2011	Participated and presented paper
7	Training cum Awareness Workshop on Quality Assurance In Higher Education And NAAC Accreditation, Lucknow	23 rd March 2011	Participated

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8	Workshop on Sharpening Behavioral Skills Of Teachers And Use Of Training And Development In Education Sector, Agra	12 th & 13 th September 2011	Participated
9	80 Hrs. Certification Course On Computer Concepts , by-UP Electronics Corporation Limited ,lucknow	8 th to 28 th November 2011	Completed With A Grade
10	Training Cum Awareness Workshop on Assessment and Accreditation –Way Forward, Lucknow	15 th December 2011	Participated
11	Training Cum Awareness Workshop On I.Q.A.C. :Total Internal Quality Management , R.M.I.National Law University ,lucknow	24 th March 2012	participated
12	Training Cum Awareness Workshop on NAAC: For Enhancement & Sustenance of Quality In Higher Education, Lucknow	12 th October 2012	Participated & member of Organizing committee
13	Training Cum Awareness Workshop on Quality Promotion & NAAC Accreditation, Lucknow	2 nd & 3 rd March 2013	Participated & member of Organizing committee
14	National Workshop on How to write research paper/article/conceptual paper/book review etc. Gautam Buddha degree College, Lucknow	27 th October 2013	Participated
15	National Workshop on Crime Against Women : Legal Issue s , B B A University ,Lucknow	7 th March 2013	participated
16	Training Cum Awareness Workshop on Innovative Practices For Quality Enhancement in Higher Education, Lucknow	30 th September 2013	Participated & member of Organizing committee
17	National Workshop on Food Processing & Preservation techniques : Traditional & Contemporary approach	15 th & 16 th October 2014	participated
ORIENTATION AND REFRESHER COURSES			
1	Orientation Program , Academic Staff College , Lucknow	1 st to 28 th May 2001	Participated & Presented Project Report bearing the value of one published paper
2	Refresher Course in Women Studies, Academic Staff College ,Lucknow	28 th Aug. To 17 th Sept. 2003	Participated & Obtained A Grade
3	Refresher Course in Home Science ,Academic Staff College J. N. Vyas University, Jodhpur	9 th To 28 th January 2006	Participated & Obtained A Grade

SKILLS

Communication: Fluent in English and Hindi. Excellent presentation skills with clarity in instructions and guidance.

Technical: Proficient knowledge of Microsoft Office.

Management: Well experienced in management of resources and efficient Project management at all levels.

PROFESSIONAL AFFILIATIONS

- SUBJECT EXPERT SELECTION BOARD U.P. SECONDARY EDUCATION
- MEMBER BOARD OF STUDIES, LUCKNOW UNIVERSITY, LUCKNOW- DEVELOPED CURRICULUM FOR PG AND UG CLASSES
- SUBJECT EXPERT IN RML AWADH UNIVERSITY, FAIZABAD FOR APPOINTMENT OF HOME SCIENCE LECTURER AND MEMBER OF PANEL FOR SUBJECT AFFILIATION
- MEMBER INDIAN DIETETICS ASSOCIATION
- LIFETIME MEMBER INDIAN HOME SCIENCE ASSOCIATION
- MEMBER DEGREE RESEARCH COMMITTEE
- SUBJECT EXPERT FOR APPOINTMENT OF HOME SCIENCE LECTURER AT LUCKNOW UNIVERSITY AND ROHILKHAND UNIVERSITY

AWARDS AND HONORS

Awarded Gold medal by Agra University for highest marks in M.Sc. Home Science (1994)
Awarded Silver medal by Agra University for highest marks in M.Sc. final year Home Science (1994)
Selected for National Merit Scholarship (1986-1987)

ACTIVITIES

ORGANIZER • Home Science Festival, Rovers Rangers Camp, Blood Donation Camp, Annual Sports Day
CO-FOUNDER • Home Science Eco Restoration Club
COMMITTEES • Cultural, Time-table, Sports
MEMBER • Internal Quality Assessment Cell, Student Grievances Redressal Cell, Proctorial Board

VOLUNTEER • *Work for Environment Protection with NGOs*

PUBLICATIONS

Papers:

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- *Problems of Elderly Persons in India- An analysis of the improvement strategies of the Health Care System to get better Quality of life for Elderly persons.* International Journal of Applied & Behavioral Sciences (ISSN 2321-2268) Issue-2 Volume-1, March- June 2014.
- Course in Women's Studies, UGC- Academic Staff College- Sept 2003
- *Political Participation: Tools for Women Empowerment.* Published in proceedings of National Seminar, Women Empowerment- Issues and Challenges. Jan 2012.
- *Communication Skills in Higher Education.* Sanchar Bulletin

Books:

- *Aditya griha vigyan* for class 9. Shree Atmaram and sons, Lucknow
- *Aditya griha vigyan* for class 10. Shree Atmaram and sons, Lucknow

SEMINARS AND CONFERENCES

S.NO.	CONFERENCE/ SEMINAR	DATE	FORM OF PARTICIPATION	LEVEL
1	Planning Strategies for Adolescent Education and Health Care at "SAKSHI" Centre for Information Education and Communication New Delhi	19 to 22 December 1998	Participated	National
2	State consultation meet for developing the State Nutrition Policy and State Plan of Action on Nutrition for U.P. Upgraded Department of Social and Preventive Medicines	11 to 13 May 1999	Participated	National
3	"Challenges in Higher Education" by U P Govt Degree College Teachers Association	7-Sep-02	Participated	National
4	XXIX Indian Social Science Congress at Indian Academy of Social Sciences, University of Lucknow	26 to 30 December 2005	Participated and presented paper on- Globalization: Socio-Economic and Cultural Impact	National
5	National Seminar on Relationship Management at Dept of Psychology, Mahila Vidyalaya P G College, Lucknow	17-Jan-09	Participated	National
6	International Conference on Water, Environment, Energy and Society at SRK-ISA-RC-24 held at Dept of Psychology SRK P.G. College, Firozabad, U.P.	28 to 30 June 2009	Participated and presented a paper on Energy and Environment	International
7	National Conference on Traditiona and Contemporary Trends in Family and Community Studies	24 to 25 November 2009	Participated and presented paper on "Perception among adolescent girls about their Reproductive Health"	National
8	Attended Preconference Course on National Epidemiology at 42 nd Annual National Conference of Indian Dietetics Association	#####	Participated	National
9	Attended Preconference Course on National Epidemiology at 42 nd Annual National Conference of Indian Dietetics Association	12 to 13 December 2009	Chaired Scientific Session	National
10	National Seminar on Impact of Socio-Economic Inequalities on the development of India at NSCB Govt Girls PG College, Lucknow	#####	Participated and presented paper on "Girls and Health"	National
11	National Seminar on Communication Skills & Higher Education	5 to 6 Mar 2010	Participated and presented paper on Communication Skills on Higher Education	National

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12	National Seminar on Innovations in Higher Education	28 to 29 Mar 2010	Presented paper on "Innovations in Higher Education"	National
13	National seminar on Quality Enhancement in Higher Education	#####	Participated and presented paper on "Quality Enhancement in Higher Education"	National
14	National Seminar on Women Entrepreneurship: Problems and Prospects	13 to 14 Nov 2010	Participated in the seminar on "Problems of Women Entrepreneurship in India"	National
15	International Seminar on Inclusive Development in India: Past Experiences, Present Challenges and Future Directions	20-21 Dec 2010	Participated and presented paper on "The Womanhood: Discrimination of Violence."	International
16	National Seminar on Environmental Crisis – Issues & Challenges.	28 to 29 Jan 2011	Participated and presented paper on "Indian Culture and Environment"	National
17	National Seminar on Political Participation of Women	12 to 13 Feb 2011	Participated and presented paper in national seminar on "Political Participation of Women"	National
18	National Seminar on Challenges of Higher Education	#####	Participated	National
19	National Seminar on Empowerment of Women in India.	5 to 6 Mar 2011	Participated and presented paper.	National
20	National Seminar on Socio-Economic Welfare Programmes & Rural Development	16-17 Mar 2011	Participated and presented paper on "Role of Indian Women in Rural Development"	National
21	Convention and National Seminar	27-28 Mar 2011	Attended the seminar and presented paper on "Women Empowerment in Politics"	National
22	International seminar of Learning Community	18 to 19 Jun 2011	Participated and presented paper on "Educational System: Innovative Approaches"	International
23	Biennial National Conference on Innovative Horizons & Emerging Challenges for Home Scientists"	4 to 6 Nov 2011	Participated and presented paper on "Innovative Aspects of Traditional Chickenkare"	National
24	National Seminar on Environmental Health: Challenges and Management	20 to 21 Jan 2012	Participated and presented paper on "Indoor Air Pollution and Health"	National
25	National Seminar on Women Empowerment: Issues and Challenges	24 to 25 Jan 2012	Participated and presented paper on "Political Participation: Tool for Women Empowerment"	National

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26	National seminar on Human Rights	27 to 28 Feb 2012	Participated and presented paper on "Rights of Women: An Overview"	National
27	Annual Conference & National Seminar.	7 to 8 Apr 2012	Chaired the seminar and presented paper on "Higher Education in India"	National
28	International Conference on Emerging Issues & Challenges in Education: Global & Indian Perspective	9 to 11 June 2012	Participated as resource person and presented paper on "Higher Education Privatization in India: The Issues Related"	International
29	National Seminar on FDI Retail Sector in India: Myth & Reality	20 to 21 Apr 2013	Participated and presented paper on "FDI in Retail Sector in India"	National
30	National Seminar on Empowerment of Youth: Issues and Challenges	8 to 9 Feb 2014	Participated and presented paper on "Youth Social Entrepreneurship"	National
31	National Conference on The Role of Education, Research & Technology in Rural Development	22 to 24 Feb 2014	Participated.	National
32	International Conference on Scientific and Technological Advancements: Social Issues and Health Concerns	18-19 Feb2014	Participated, chaired session, organized and presented paper on "Capacity Building of Artisans with special reference to chikankari"	International
33	National Seminar on Increasing Violence Against Women in India: Search for Remedies.	25 to 26 Feb 2014	Participated and presented paper on "Violence against Women: Present Scenario"	National
34	National Conference on Technological Empowerment of Women at Grass Roots	2014	Presented oral paper on "Role of ICT in Empowerment of Rural Women"	National